



Unbreakable Power

- 1 Read Mark 4:35-41
- 2 The disciples panicked when the storm hit, despite having Jesus with them. What are some “storms” in your life (physical, emotional, or spiritual) where you struggle to trust God’s power and presence? How can you remind yourself that He is in control?
- 3 In their fear, the disciples questioned Jesus’ care for them. Have you ever felt like God wasn’t paying attention to your struggles? How does this passage challenge that thought?
- 4 Jesus spoke peace into the chaos. What areas of your life need His command of “peace” right now? How can you actively surrender those to Him instead of trying to control them yourself?
- 5 Jesus was asleep in the storm, completely at peace. What would it look like for you to truly “rest” in God’s presence instead of striving in anxiety? What practical step can you take this week to cultivate that kind of trust?
- 6 Group prayer